



September 1-7, 2014
Cycle 5

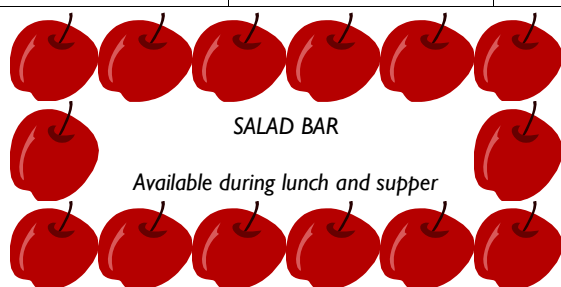
Food portions at breakfast and lunch will be served as required by the
Healthy Hunger-Free Kids Act of 2010.

For more information, please visit the FNS website:
<http://www.fns.usda.gov/cnd/governance/legislation/nutritionstandards.htm>



****Please note: Items are subject to change based on availability without prior notice****

Mon 1	Tue 2	Wed 3	Thu 4	Fri 5	Sat 6	Sun 7
WW tortilla or WW toast Pineapple or Orange juice Scrambled eggs with beef chorizo Milk (salsa)	WW toast Hashbrown Mixed fruit or Apple juice Sausage links Milk	WG biscuit or WW toast Peaches or Rasperry juice Scrambled eggs w/ sausage Milk	WW toast Pears or Orangerine juice Bacon Scrambled eggs Milk	WG triple berry French toast or WG honey nut chex cereal Mandarin oranges or Fruit punch Danimal strawberry yogurt Milk (syrup)		
Hamburger on WW bun or Cheeseburger on WW bun or Veggieburger on bun Potato wedges Mixed fruit Milk	Mexican lasagna Carrot coins Rasperry juice Milk	Bologna w/ cheese hoagie Veggieburger on bun Spinach mandarin orange salad White grape juice Chips Milk	Chilaquiles Seasoned pinto beans Melon cup Milk	Bean and cheese burrito Calabasitas Spanish rice Seasonal fruit Milk	Taco Refried beans Rainbow sherbet Milk (lettuce/cheese/salsa)	Posole Carrot loaf Milk (cilantro/chopped onions)
Chicken BBQ glazed drumstick Corn Baked beans Apricots Milk	Beef fajita Mexicali corn Peach cobbler Milk (lettuce/cheese/salsa/sour cream)	Oven fried chicken Nacho fries Green beans Vanilla pudding Milk	Tuna casserole Corn Fruit salad Milk	Chicken potpie Potato salad Brownie Milk	Baked fish Rice pilaf Capri blend vegetables Cookie Milk (lemon wedge)	Pizza sandwich Coleslaw Fruit punch Milk



- ♦ 1% and fat-free milk offered at every meal
- ♦ fat-free chocolate milk will be offered at lunch and supper every Tuesday and Thursday
- ♦ fat-free strawberry milk may be offered occasionally

Criteria for a meal to be reimbursable:

- ⇒ **Must have 3 components (one component must be fruit or vegetable) at breakfast**
- ⇒ **Must take the fruit or vegetable component and 2 other components from 5 different components (food groupings) at lunch**

Breakfast: 6:45-7:45am Monday-Friday	
Lunch: 11:30am-1:10pm Monday-Thursday	Supper: 4:30-6:00pm Monday-Thursday
11:30am-1:00pm Friday	4:30-5:30pm Friday
Saturday & Sunday Lunch: 12:15-1:15pm	Saturday & Sunday Supper: 4:45-5:45pm

If you have questions about this menu, please call the Food Service Department at 520.770.3696 or send an email to jeanne.foster@asdb.az.gov

The US Department of Agriculture prohibits discrimination in the operation of the Child Nutrition Programs on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call toll free 866.632.9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at 800.877.8339 or 800.845.6136 (Spanish).